

PRE-APPOINTMENT CHECKLIST

The following checklist has been provided to assist you in completing all necessary requirements before your initial visit with the surgeon.

- _____ Completed forms including food diary
- _____ Copy of your last physical, a list of medications and medical diagnosis
- _____ Weight History for past 5 years from your physician- United Healthcare Only
- _____ Lab work less than one year old. This includes CBC, CMP, Lipid Profile, and TSH. If you have diabetes, we would need to see results of the HgA1C lab work. **Your primary care physician can assist you in obtaining this requirement.**
- _____ Physical exam within the last 6 months. Ask your primary care physician if it would be appropriate to schedule other testing such as a sleep study or cardiac stress test in anticipation of surgery.
- _____ Ultrasound of your gallbladder if it has not already been removed. **GASTRIC BYPASS ONLY Your primary care physician can order this for you.**
- _____ Copies of any stress test reports, sleep study reports or significant testing
- _____ Schedule an appointment with Arlene Swantko, the dietician.
- _____ Signed records from your physician or the six month supervised weight loss. **This only applies to patients with insurance companies that require this. Please note: Most insurances will request this information. Without this information, the insurance authorization cannot be obtained from those companies.**
- _____ Psychological evaluation or have an appointment scheduled- most insurance companies require this for authorization.
- _____ Referral from your primary care physician if your insurance requires this.
- _____ Your copay if this applies to your insurance plan.

Please use this checklist to aid in the preparation for your appointment. Failure to bring the above information to your visit will result in rescheduling your appointment.

If you are not prepared for your appointment, kindly call the office at 410-368-8725 to reschedule the appointment. We require 24 hours notice for cancellations.

Our staff will be glad to assist you in preparing for your initial visit. Feel free to contact them at 410-368-8725 for any questions you may have. The office hours are Monday through Friday from 8 a.m. to 5 p.m.